

VOLEYBALL VOCABULARY

1 Y 2º ESO

TECHNIQUES:

A Serve: Servicio o saque

An Underhand serve: saque de abajo

A Set: Colocación de dedos.

An Overhand pass: Toque de dedos

A Forearm pass, BUMP or a Dig: Toque de antebrazos

A Dive: plancha

A Spike or Smash: Remate

A Block: Bloqueo

A Rally: un punto, la duración de un punto

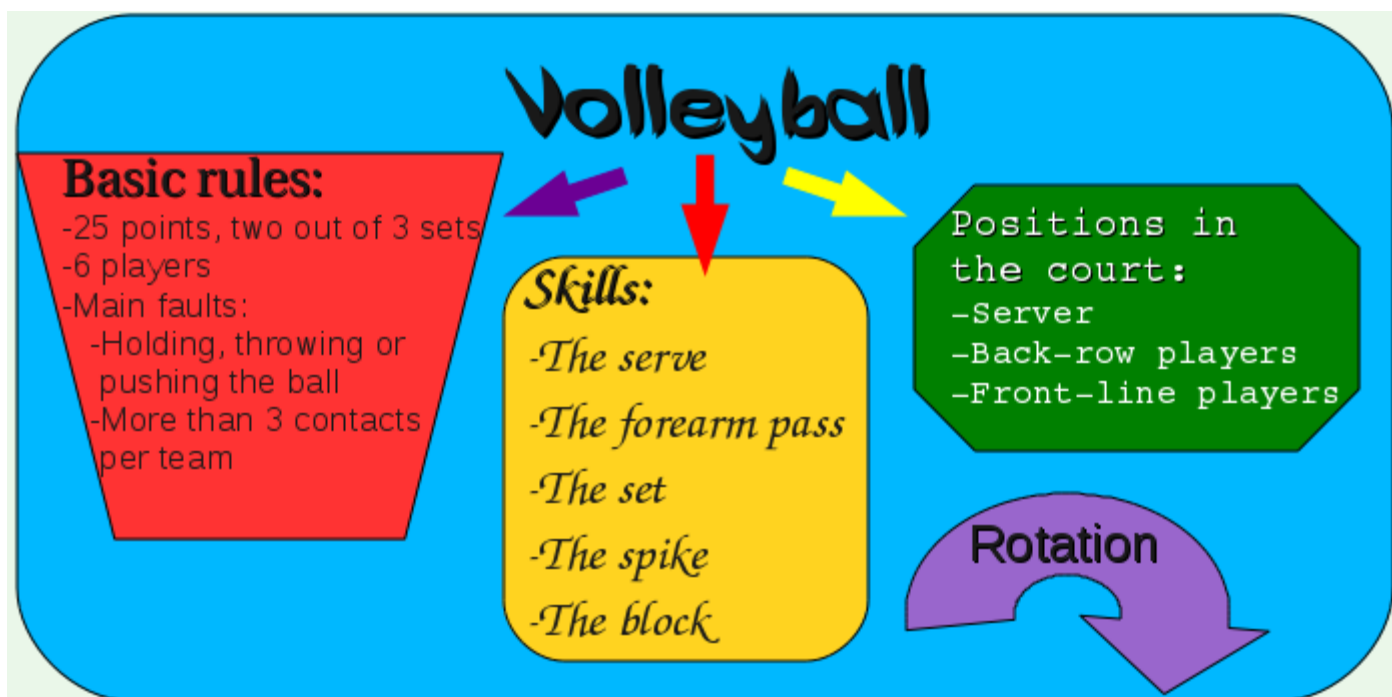
ACTIONS:

To serve, to pass, to set...

To attack: atacar

To defend: defender

To switch or rotate: rotar



NET: red

COURT: campo de juego

BASELINE: línea de fondo

SIDELINE: líneas de banda

VOCABULARIO 2º CICLO

3º Y 4º (hay que saberse el vocabulario anterior)

Bump

It is utilized to pass the serve, play balls below the waist, play hard driven balls, and contact balls located far from the player.

Set

Most controllable of the ball-handling skills. Used for accurately passing any ball above the head to a teammate and for the setting technique of passing the ball to an attacker with specific height, trajectory, and placement.

Under arm Serve

Is the process of getting the ball over the net to start the volley. Used by swinging the arm under in a pendulum motion. More accurate for beginning students. Can only score when your team is serving.

Over arm Serve

Process of throwing ball up in the air and hitting the ball with it above head. The striking arm action on the toss resembles an overhand throwing motion. Can only score when your team is serving.

Block

Is used to counter a forceful attack defensively. Accomplished by jumping and positioning the hands above and over the net, decreasing the area available for the attacker to drive the ball downward forcefully into the blocker's court.

Game Strategy

Process of deciding what type of game that the team will play. Have both Defensive strategies and Offensive strategies.

Defense

Process of preventing offensive team from scoring